Substance Misuse Prevention/Continuum of Care Leadership Team

Bimonthly Meeting – May 3, 2016 Tri-County CAP, Tamworth NH - 9:00 – 11:00

MEETING MINUTES

Attendees: Jennifer Selfridge, C3PH; Patricia McMurry, WMCHC; Emily Benson, C3PH; Chuck Henderson, Sen. Shaheen's Office; Lance Zack, WM Restorative; Cheri Sullivan, C3HP; Michelle Ward, C3PH, Eve Klotz, Northern Human Services; Rick Cogswell, White Horse Addiction Center, Melissa Fernald, Sinfonia, NH.

Introductions and Agenda Review

Jennifer Selfridge

Substance Misuse PHAC Workgroup(s)

Cheri Sullivan, Jennifer Selfridge

- Form provided by Jennifer to gather initiates happening around the Carroll County related to prevention with in the 6 sectors. Suggestions made and information shared:
 - o Whitehorse is at Kingswood Youth Center weekly with a Recovery Coach.
 - Challenge in schools –they are doing what they can but they are focused on education and the biggest concern is after school/family
 - o Some kids are dealing with homelessness and family members dying of cancer
 - o Kingswood should showcase programs like Future Farmers
- Treatment and Recovery should be treating the whole person, move towards creating a positive culture
- Cheri submitted needs assessment for BDAS will report back when review is complete
- Coc working to educate physicians provide training on pain relief
- Information on "Ambulatory Detox" to be researched and provided

Resource Guide Revision

Cheri Sullivan

- Content to include what treatment looks like, what questions to ask and what to have before
 going into treatment, Important of an assessment and who can do the assessment, when is
 detox needed, definition of frequently used acronyms
- Format would be helpful to continue the booklet format and a simple wallet card for EMT to leave behind

Governor's Summit

Jennifer Selfridge, Cheri Sullivan

• Wait-list only. The organizers are exploring ways to expand registration. Currently over 100 persons are wait-listed.

Law Enforcement initiatives

Lance Zack

• What can this group do to help? What's going well? Challenges?

- No place to discharge 11 week wait for rehab
- 19 departments agree arrest is not the answer
- IOP needed. Currently only 1 in Carroll County
- Tuftonboro, Moultonborough, Wolfeboro, Sandwich, Carroll County Sheriff and State Police are members of PAARI with access to treatment providers. No local treatment at this time.
- Law Enforcement is responsible for Public Safety but individuals are coming in for help/treatment

Carroll County Recovery Coach Academy update

Rick Cogswell, White Horse Addiction

Center

27 Graduates ready to be put to work, they have had intensive ethics training, pre-screening, HIV. Overseen by MLDAC

Naloxone Distributions

Jennifer Selfridge

- Recent distribution and training in Sandwich, next to be in Conway around the 1st of June
- Total of 70 kits distributed to families in Carroll County and surrounding counties.

Mt. Washington Valley Supports Recovery Activities

Janice Spinney/Michelle Ward

- 2 fundraising events in May Flabread and CHOPPED
- Site found for Family Center/Sober Living House in Conway under Contract with condition funding is established within 6 month

Next meeting: June 7, 2016 tentative